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**DISCHARGE INSTRUCTIONS FOR DEEP BRAIN STIMULATION
PHASE 1**

1. **FOLLOW UP:** Generally speaking, your follow up from Phase 1 will be when you return to the hospital for Phase 2 implantation of the impulse generators. At that time, we will remove the staples in your scalp and dress those.
2. **WOUND CARE:** It is very important that you keep the wound clean and dry. You presently have a head wrap on and if possible just leave that on for three or four days. You can then remove the head wrap and take a full shower, get the wounds wet, blot them dry, butter some Neosporin or Bacitracin ointment on the wounds, and then keep it clean and dry. You do not have to cover it but if you want to wear a hat or scarf that is not causing pressure on the wounds then that will be fine.
3. **ACTIVITY RESTRICTION:** You are restricted only from your own stamina and balance. There are no other specific restrictions because of this surgery.
4. **MEDICATIONS:**
 - Continue taking all of your usual medications that you came into the hospital with.
 - You will go home with a pain medication that you can take for severe pain. However, it is not severe do not take it.
 - Do not start aspirin yet until a week after Phase 2.

**DISCHARGE INSTRUCTIONS FOR DEEP BRAIN STIMULATION
PHASE 2**

1. **FOLLOW UP:**
 - You will want to call the neurologist who is in charge of your deep brain stimulation system to find out when they want to see you back to turn the system on and to program it.
 - You will need to follow up in my office in two weeks for inspection of the wounds and removal of stitches and/or staples.
2. **WOUND CARE:** Keep all the wounds clean and dry. Please follow the instructions in Phase 1.
3. **ACTIVITY RESTRICTION:** There are really no limitations of your activities except based upon your own capabilities from your Parkinson's.
4. **MEDICATIONS:** Generally Phase 2 hurts more than Phase 1. Consequently, patients are commonly on a narcotic for a few days. I want to encourage you to get off the narcotics as soon as possible. If you are taking a narcotic, of course, you cannot drive, you cannot work, and you should expect to be constipated so you might want to add a bulk former.